






Mermaid Trail Run

**Big Loop - 3 Mile
(YELLOW FLAGGING)**

LAST HOUR ONLY

**Small Loop - 1 Mile
(PURPLE FLAGGING)**

-  3 Mile Course
-  1 Mile Course
-  Mile Markers
-  Aid Stations
-  Bathrooms

NOTE: Your total distance is based on the number of **COMPLETED** loops that you do within the 6 hours. During the last hour, participants have the option to do a 1 mile loop to get in extra miles rather than try to complete a full 3 mile loop.