



### **RACE UPDATE #2**

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**Hello |\*FIRST\_NAME\*|!**

It's race week and we are a few days away from the **T9 Mermaid Run San Francisco**. The weather forecast is calling for morning fog followed by sunny skies with a high of 69° in San Francisco!! Perfect running weather for all of our San Francisco MERMAIDS! If you need to access the Race Updates they will also be posted [online](#).

### **NEW START & FINISH LINE**

If you've raced with us in the past you'll recognize a few changes. The Start / Finish / Expo Area has moved to Crissy Field!! This is farther west and

closer to the Golden Gate Bridge than in years past. We are now starting on Old Mason Street near the WEST end of Crissy Field. The finish line will be on the grass at Crissy Field. For an overview of the Start, Finish, Expo Area and parking locations please reference the [expo map](#). The good news is we have access to ~400 FREE parking spots at the East Beach Parking Lot. Parking spaces at East Beach will be on a first come, first served basis. See below for all parking information.

### **COVID19: SAFETY MEASURES**

There is a mask mandate for all [National Parks](#) that require everyone to wear masks even in crowded outdoor spaces. Since the finish line is on Crissy Field, which is part of the Golden Gate National Recreation Area participants will need to wear a mask while on Crissy Field in the expo area both before and after the race. To further comply with COVID19 and health & safety guidelines we will be serving pre-packaged snacks for participants post race. These will include pre-packaged muffins, brownie bites, bananas, tangerines and granola bars. Please make sure you bring a mask with you and put in your drop bag or carry it with you when you run. If you forget a mask we will have additional ones at the finish line. Likewise, we ask that all participants attending the packet pickup at Title Nine in Los Gatos wear a mask.

### **START TIMES**

We love seeing everyone start the race, however our permit does NOT allow us to keep the start line open indefinitely. It is your responsibility to get to the START of your race ON TIME. Anyone starting more than 10 minutes after the start of their race will NOT receive a time and will be disqualified. ***This is a very strict, no exceptions policy based on our permit!*** As long as you start your race on time we do not have a cut-off to make it to the finish line. If you miss the Sirena10 start time you can switch to the 10K. If you miss the 10K you can switch to the 5K. **No participants will be allowed to start the 5K after 8:10 am.**

7:00 a.m. - Sirena10

7:30 a.m. - 10K

8:00 a.m. - 5K

## **DIRECTIONS**

The Start, Finish and Expo are on the west side of Crissy Field. The best address to google for directions is: [920 Old Mason Street, San Francisco](#). There is a small parking lot at 920 Old Mason Street that will be used as a DROP OFF ONLY area the morning of the race. ***There is NO STOPPING and dropping off on Old Mason Street.*** See the [Parking & Expo Map](#) for an overview of Crissy Field, the Presidio and the parking lots. NOTE: Old Mason Street is closed west of Crissy Field Ave. You will need to park to the EAST of Old Mason Street and Crissy Field Ave.

## **PARKING**

Parking in San Francisco is always a challenge and car break-ins are at an all time high. DO NOT LEAVE valuables in your car. We recommend you arrive a minimum of 60 minutes prior to your race start to allow for extra time to park. Here is a [Google Map with Parking Lot Locations](#). You can click on the parking locations to get directions to the specific lot. There are several lots where there is FREE parking. The free parking is on a first come, first served basis. There are lots of pay parking lots located in the Presidio. NOTE: If you are arriving prior to 6:30am we recommend first trying the East Beach Parking Lot, if it is full our parking volunteers will direct you into the Presidio to use the pay lots.

### **Free Parking - East Beach & Little Marina Green**

- [East Beach Parking Lot](#): There are approximately 400 spots. It is roughly a .75 mile walk to the Start/Finish Location.
- [Little Marina Green](#): There are approximately 130 spots. It is roughly a .75 mile walk to the Start/Finish Location.
- [Marina Green](#): The Marina Green is over 2 miles away. We recommend this as a very last resort for FREE parking. It has approximately 450 spots.

**[Presidio Parking - Pay \(\\$\) - Google Map](#)**: There are several parking lots within the Presidio that are less than a 1 mile walk to the East Beach Parking Lot. To enter the Presidio, enter from the west on either Marina Blvd, Lombard St or Gorgas Ave. ***Parking is \$1.90 per hour or \$9.50 for all day. Pay kiosks accept credit cards.*** Below is a list of parking lots based on distance to the start/finish.

- [Old Mason Street \(limited spaces - No parking in the Sports Basement spaces\)](#) 30 spaces
- [Main Post \(122 Anza Ave\)](#) 200+ spots
- [Main Post \(38 Keys Ave\)](#) 60 spots
- [Lundeen Parking Lot](#) 200 spots (Next to East Beach Parking Lot)
- [Presidio \(Birmingham Lot\)](#) 35 spots
- [Presidio \(1063 Kendall Drive\)](#) 30 spots
- [Presidio \(1040 Edie Road\)](#) 70 spots

## **COURSE MAPS & AID STATIONS**

Each distance will pass multiple water stations. Each aid station will have water, Ultima Replenisher, Honey Stinger Chews and Honey Stinger Waffles. The National Park Service does NOT allow us to serve Gels out on the course. If you typically run with Gels you will need to bring your own. PLEASE make sure to throw away your Gel packets (including the top) at a Water Station. Do not drop them along the race course. To see where the Water Stations are located, please review the course maps. <[5K MAP](#)> <[10K MAP](#)> <[Sirena10 MAP](#)>

## **PATHWATER: POST RACE HYDRATION SPONSOR**

We are thrilled to have [PATHWATER](#) as our post race hydration sponsor. PATHWATER is committed to eliminating single use plastic water bottles and they are supplying all participants with a 20oz reusable aluminum bottle. Participants can reuse and refill the bottles at the expo!

## **BAG DROP - BYOB**

We will have designated tents in the expo area where you can drop off a small bag prior to the start. In an effort to be green and reduce the amount of plastic bag waste, we ask that you, B.Y.O.B. - Bring Your Own

Bag. We will have ID tags and pens at the booth to write your bib number on your bag. Please do not leave valuables in the bag. Volunteers will be monitoring the bag drop, however we are not responsible for lost or stolen items.

### **MERMAID SERIES APPAREL**

Looking for some super cool new Mermaid gear? Check out the Mermaid Apparel tent which will be open for shopping on SATURDAY at Packet Pickup and on SUNDAY at the Race Expo. Check out the online [Mermaid Apparel](#) store to see the latest in sweatshirts, shirts, hats and Mermaid accessories.

### **SAN FRANCISCO VIRTUAL CHALLENGE**

All participants  racing  on Sunday will also be invited to join us for the [T9 Mermaid San Francisco Virtual Challenge](#) on Sodisp. The virtual challenge includes a 5K, 10K and 10 Mile walk/run. You'll have one month to complete one, two or all three distances. Conquer all three distances to finish the coveted ***San Francisco Trifecta!!*** Plus, your race result from Sunday gets you 1/3 of the way to the Trifecta. In order to receive the invite to the virtual challenge and claim your race result you must participate on Sunday. Keep an eye out for your invite email.

### **MERMAID DASH - 1.5 MILES**

Don't forget to bring out your little mermaids! This is a great way for girls and boys to experience the fun of crossing the finish line. ***Kids will be required to wear a mask for the Dash as it is on National Park property with both the start and finish on Crissy Field.*** Register online for \$15.00\* or \$20.00\* at the event. \*Entry fee does NOT include a t-shirt.

9:55 a.m. - Dash (Ages 9-12)

10:00 a.m. - Dash (Ages 6-8)

### **SHOE DONATION**

We will have several shoe donation bins at the expo to collect your \*gently\* used running shoes! The shoes will be sent to the non-profit [Sneaker 4 Funds](#) as way to responsibly recycle running shoes and give them a second life with someone in need. Many of the \*gently\* used

running shoes can be worn as walking shoes, making them a product that's easily repurposed. Please do not bring shoes with holes, no tread or heavy stains as those can't be repurposed.

### **PACKET PICKUP TIMES & LOCATIONS**

We strongly recommend you pickup your packet BEFORE race day! We will have two (2) Pre-Race Packet Pickups, one at the Title Nine store in Los Gatos and one at the expo in San Francisco on Crissy Field.

You can have a friend pick up your bib number, timing chip and race shirt provided they bring a paper or digital copy of your photo I.D. (**THEY MUST HAVE A COPY OF YOUR PHOTO ID, NO EXCEPTIONS**)

#### **11/12 - FRIDAY Packet Pickup**

When: 10am - 7pm

Where: [Title Nine Los Gatos](#) - 218 N. Santa Cruz Ave., Los Gatos

\*\*Packets will NOT be available prior to 10:00 a.m.

Athletes must bring a photo ID in order to pick up their race packet.

[Google Maps - Directions](#)

#### **11/13 - SATURDAY Packet Pickup**

When: 10:00 a.m. to 5:00 p.m.

Where: [Crissy Field](#)

\*\*Packets will NOT be available prior to 10:00 a.m.

Athletes must bring a photo ID in order to pick up their packet.

#### **11/14 - SUNDAY (Race Morning) Packet Pickup**

When: 6:00 a.m. to 8:00 a.m.

Where: [Crissy Field](#)

\*\*Athletes must bring a photo ID in order to pick up their packet.

### **AGE GROUP AWARDS**

Age group awards will be three deep for the 5K, 10K and Sirena10 Mile.

You must be present in order to pick up your awards. Awards will include

a \$20.00 gift card good for Mermaid Apparel and a \$10 discount to a

future Mermaid Series event. Note: Awards will not be mailed out after the

event. Awards will start at approximately 9:00 am with the 5k awards and 10:00 am for the 10k and Sirena10 awards. Age groups are as follows: 10 & Under, 11-13, 14-16, 17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70-74, 75+

### **TIMING CHIP AND RACE PHOTOS**

Your bib number is your timing chip. If you were mailed your race packet you must bring your bib with you in order to be times. Please wear your bib on the front of your body and have it on the outer layer of your clothing. This will help the photographers capture your photo and make sure we get you timed.

### **WE LOOK FORWARD TO SEEING YOU AT THE RACE!**

Cheers,  
Carlo Facchino  
Race Director