

MERMAID RUN SAN FRANCISCO



 5K



TURN BY TURN RUN DIRECTIONS:

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|---|---------------------------------|
| 1. START Old Mason St | 5. RIGHT East Beach Parking Lot |
| 2. LEFT Marine Dr | 6. RIGHT Bay Trail |
| 3. TURNAROUND at the Pedestrian Gate on Marine Dr | 7. FINISH Crissy Field |
| 4. STRAIGHT Golden Gate Promenade / Bay Trail | |

LEGEND

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|---|---|
|  5K Course |  First Aid |
|  Mile Marker |  Water Station |
| |  Restrooms |