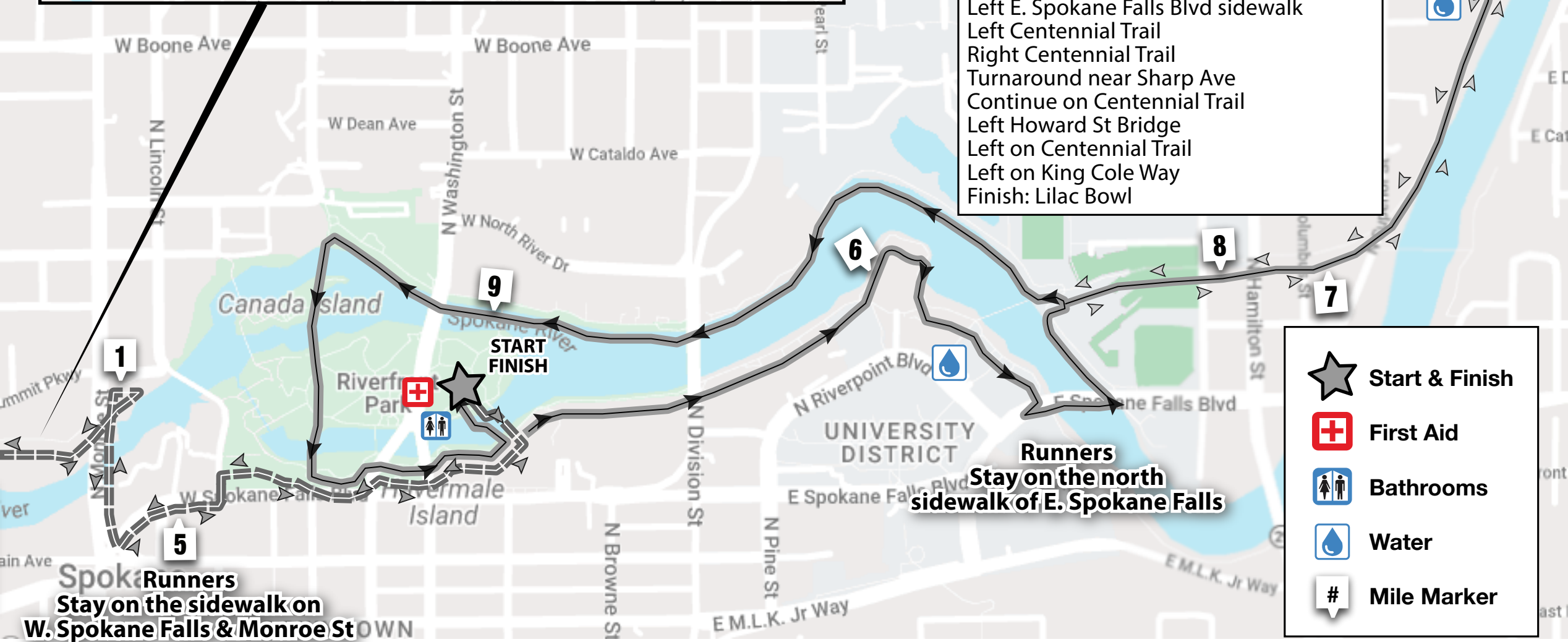


MERMAID 10 MILE

Start: Lilac Bowl
 Right King Cole Way
 Right Centennial Trail
 Left onto Post St sidewalk
 Right onto W. Spokane Falls Blvd sidewalk
 Right onto Monroe St sidewalk
 Right onto W. Summit Pkwy sidewalk
 Right Centennial Trail
 Turnaround near W. Boone Ave
 Continue on Centennial Trail
 Left W. Summit Pkwy sidewalk
 Left Monroe St sidewalk
 Left W. Spokane Falls Blvd sidewalk
 Left Post St sidewalk
 Right Centennial Trail
 Left E. Spokane Falls Blvd sidewalk
 Left Centennial Trail
 Right Centennial Trail
 Turnaround near Sharp Ave
 Continue on Centennial Trail
 Left Howard St Bridge
 Left on Centennial Trail
 Left on King Cole Way
 Finish: Lilac Bowl



-  Start & Finish
-  First Aid
-  Bathrooms
-  Water
-  Mile Marker