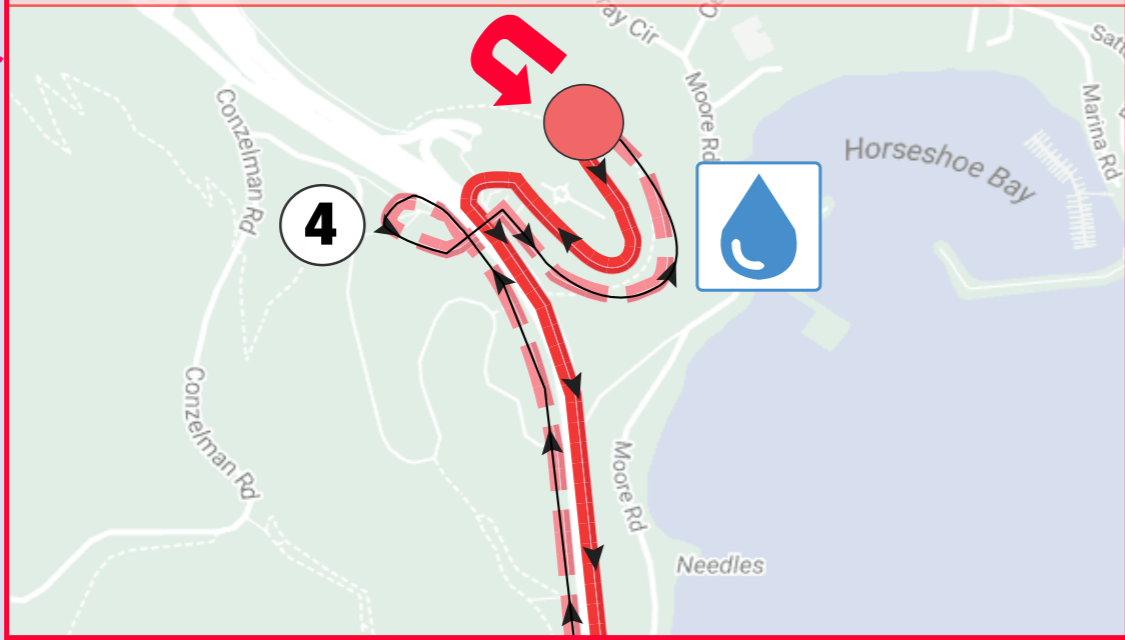


### North Side of the Golden Gate Bridge



# MERMAID RUN SAN FRANCISCO

 Sirena 10 Mile



### TURN BY TURN RUN DIRECTIONS:

- |                                    |  |  |
|------------------------------------|--|--|
| 1. START Old Mason St              | 8. U-TURN to Stairway Underneath Bridge      | 15. LEFT Marine Dr                           |
| 2. LEFT Long Ave                   | 9. RIGHT Sidewalk at North Vista Parking Lot | 16. TURNAROUND Fort Point                    |
| 3. RIGHT Battery East Trail        | 10. TURNAROUND North Vista Parking Lot       | 17. LEFT Bay Trail / Golden Gate Promenade   |
| 4. STRAIGHT Underneath Bridge      | 11. LEFT Golden Gate Bridge West Sidewalk    | 18. RIGHT Trail after East Beach Parking Lot |
| 5. CONTINUE onto Coastal Trail     | 12. LEFT Battery East Trail Connection       | 19. RIGHT Paved Bay Trail                    |
| 6. TURNAROUND on Coastal Trail     | 13. RIGHT Battery East Trail                 | 20. FINISH Crissy Field                      |
| 7. RIGHT Golden Gate West Sidewalk | 14. LEFT Long Ave                            |  |

### LEGEND

- |   |   |
|---|---|
|  Sirena 10 Mile Course |  First Aid     |
|  Mile Marker           |  Water Station |
|   |  Restrooms     |