

MERMAID RUN SAN FRANCISCO




 10K



TURN BY TURN RUN DIRECTIONS:

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|--------------------------------|--|----------------------------------|
| 1. START Old Mason St | 7. STRAIGHT Underneath Bridge | 12. RIGHT East Beach Parking Lot |
| 2. LEFT Long Ave | 8. STRAIGHT Battery East Trail | 13. RIGHT Bay Trail |
| 3. RIGHT Battery East Trail | 9. LEFT Long Ave | 14. FINISH Crissy Field |
| 4. STRAIGHT Underneath Bridge | 9. LEFT Marine Dr | |
| 5. CONTINUE onto Coastal Trail | 10. TURNAROUND Fort Point | |
| 6. TURNAROUND on Coastal Trail | 11. LEFT Golden Gate Promenade / Bay Trail | |

LEGEND

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|---|---|
|  10K Course |  First Aid |
|  Mile Marker |  Water Station |
| |  Restrooms |